

These instructions will help you start using SENSUS quickly. For detailed instructions, please review the user manual. Instructions are also available in video format at www.SENSUSRx.com under the *Resources for Users* tab.

Step 1: Check Battery

Briefly press and release the button.

Indicator Light Flash

- charged
- recharge



Step 4: Configure

Press and hold button for 10 seconds until the indicator light is steady green. Briefly press the button every time you feel a tingling sensation under the electrode. When the light turns off, configuration is complete. This should take about 1 minute.



Step 2: Attach Electrode

Snap in a new electrode.



Step 5: 60 Minute Therapy Session

Press and hold button for a few seconds, release the button when the indicator light starts blinking green. Stimulation should feel strong but comfortable.

To decrease: Briefly press the button. Each press will decrease the intensity.

To increase: Press and hold the button. The intensity will increase while the button is held down.

To stop therapy, tap center compartment twice while keeping leg still.

Step 3: Place Device

Remove liner and place the device on your upper calf 1-2 inches below knee; the exact position is not critical.



Ventilate skin after wearing for several hours and after overnight use. Watch for skin irritation.

Helpful Tips

- Entire electrode should contact skin
- Every few hours and before sleep, make sure strap is snug
- Every 2-3 days or if gel is dry, run electrode under water
- Change electrode every 2 weeks

If you need assistance, call customer service at 1-888-786-7287.