

Frequently Asked Questions On Use During Sleep

Can I use SENSUS while sleeping?

Yes.

Can I use SENSUS if I wake up in the middle of the night?

Yes.

I have chronic pain, will SENSUS help me sleep better?

It may help by reducing your pain as you fall asleep and while you are sleeping.

What does SENSUS do while I am sleeping?

It starts 60 minute therapy sessions every other hour throughout the night to control your pain.

Will the therapy wake me up?

The device detects that you are sleeping and decreases the intensity to minimize sleep disruption.

Do I need to set up SENSUS differently for sleep use?

No.

What if I only want a single 60 minute therapy session?

Turn automatic therapy restart off (please see Appendix E of User Manual).

What should I do before going to sleep?

Make sure that your device is securely and comfortably placed around your leg. Start the first therapy session by briefly pressing the button.

Will wearing SENSUS overnight irritate my skin?

You should air-out your skin every morning. You should also alternate legs.

Can I use SENSUS every night?

Yes, however you should alternate legs to decrease the risk of skin irritation.

Will SENSUS reduce or eliminate my need for sleep medications?

Only your doctor can decide whether changes to your medications are appropriate.

Does SENSUS treat obstructive sleep apnea?

No.

Can I use SENSUS at the same time as a CPAP machine?

Yes.

Will SENSUS help my insomnia?

There are many causes for insomnia, including chronic pain. Depending on the underlying cause, it may help. Please discuss with your doctor.

What should I do if I have concerns about my sleep?

Poor sleep can impact your health, safety, and quality of life. Please discuss with your doctor.

What should I do if I have questions about using SENSUS during sleep?

Call NeuroMetrix customer service at (888) 786-7287 or visit www.SENSUSRx.com.